

Intervention Satisfaction with Participation

Please select the response that best describes your experience in this course.

1. Please rate your overall experience in this course.

- 5 = Excellent
- 4 = Very Good
- 3 = Good
- 2 = Average
- 1 = Poor

Comments:	
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2. What were some of the main reasons that motivated you to participate in this course?

Select all that apply.

- Improve physical health
- Improve mental well-being
- Connect with others affected by my illness
- Contribute to research
- Learn something new
- Other _____

Comments:	
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3. What was your primary motivation to keep coming back to class sessions? Select all that apply.

- I noticed improvements in my physical health
- I noticed improvements in my mental well-being
- I made connections with others affected by my illness
- I felt that I was contributing to research
- I was learning new things
- I was interested in the course content & discussions
- Other _____

Comments:	
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4. How close did this course come to meeting your initial expectations of it?

- 5 = Extremely
- 4 = Very
- 3 = Somewhat
- 2 = A little
- 1 = Not at all

Comments:	
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5. How relevant do you think this course was to you and your daily life and work?

- 5 = Extremely
- 4 = Very
- 3 = Somewhat
- 2 = A little
- 1 = Not at all

Comments:	
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6. How likely are you now to use what you learned in this course in your daily life and work?

- 5 = Extremely
- 4 = Very
- 3 = Somewhat
- 2 = A little
- 1 = Not at all

Comments:	
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7. How difficult was it for you to get to your class sessions?

- 5 = Not difficult at all
- 4 = A little difficult
- 3 = Somewhat difficult
- 2 = Very Difficult
- 1 = Extremely difficult

Comments:	
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7a. If getting to your class sessions was difficult at all, please let us know why in the space below.

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8. What do your family and friends think about you taking this course?

- 5 = They support me completely
- 4 = They support me a lot
- 3 = They support me somewhat
- 2 = They support me a little bit
- 1 = They are completely unsupportive
- 0 = They don't know or care

Comments:	
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9. How important was it for you to have the option to participate in the course with a partner?

- 5 = Extremely
- 4 = Very
- 3 = Somewhat
- 2 = A little
- 1 = Not at all

Comments:	
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10. If possible, I would participate in this course if it were offered online.

- 5 = Strongly agree
- 4 = Agree
- 3 = Neutral
- 2 = Disagree
- 1 = Strongly disagree

Comments:	
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11. Please use the space below to share any suggestions or recommendations you have for improving the course experience for future course participants.

Thank you!